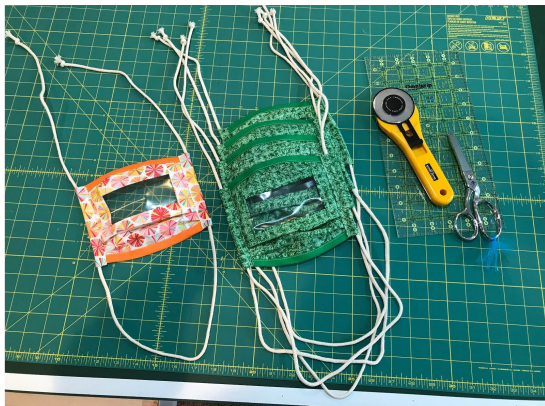


Check out the resources below with instructions on how to assemble your own communicator face mask and ear savers.

## Ear Savers

- Crochet: <https://www.crochet365knittoo.com/crochet-ear-savers>
- Knit: <https://knittingpattern.org/knit-ear-savers-free-knitting-patterns-paid>

## Communicator Face Mask by Sarah Bloomfield



### Materials

100% cotton fabric

Thin gauge clear vinyl or a heavy-weight clear shower curtain liner

Thread

1/8 " cording (cotton type - can use cotton clothesline or cording)

Extra wide double fold bias tape (0.5" wide)

### Cut Fabrics

- Clear Plastic/vinyl - 5" x 3". (Finished window is 4" x 2")
- Top Piece - 2 pieces 5" x 2 1/4"
- Bottom Piece - 2 pieces 5" x 4 1/2"
- Side Pieces - 4 pieces 2" x 7 1/2"
- Side Casings - 2 pieces 2" x 6"
- Cording - cut 53"
- Bias tape - cut 2 pieces 7" each



## Assembly Directions

1. Seam allowances and stitch length: all seams that involve sewing through the vinyl are  $\frac{1}{2}$ ". Seams that are attaching fabric to fabric are  $\frac{3}{8}$ ". \*Note: you want to limit the number of times that the vinyl is punctured so that it doesn't tear in the wash. Do NOT backstitch through the vinyl. Use knot mode or tie off seams starting and ending in the vinyl. Stitch length through vinyl is 3.0. Stitch length through cotton on cotton pieces is 2.6.
2. Tie a knot in both ends of the cording piece.
3. Place right sides of top pieces facing each other with clear vinyl in the middle. Stitch along long edge. Finger press open and top stitch  $\frac{1}{8}$ " from edge of window. You might be tempted to grab your iron and press this open. Don't! You don't want to nick or melt the vinyl with your iron. Repeat with bottom pieces.
4. Attach side pieces in same manner.



5. Sew double fold bias tape to top and bottom edges of mask. Stitch  $\frac{1}{8}$ " in on other two raw sides as a stay stitch. You can do all of this without taking it out of the machine by attaching top piece of bias tape, turning and stitching down side, attaching bottom piece of bias tape, turning, and then stitching back up other side. Make 3 pleats on **front** of mask as shown in picture, and pin in place. Depending on your comfort level with sewing, you can then baste this, or just keep it pinned for next step.



6. Attach side casing pieces by placing mask front side down (the side with pins in it, that you hopefully pinned poking out on the sides so that you can still see them), and put side casing piece right side down. It should extend  $\frac{1}{2}$ " above and below the edges of your side. Fold these edges under and sew, making sure to backstitch.



7. After both side casings are attached, flip right side up and pull casings out. Fold raw edge under about  $\frac{1}{4}$ " and fold over cording and pin in place. Note, the knotted end of the cording needs to extend above the **top** of the mask. The loop should be at the **bottom** of the mask. This is very important as it determines where the window is when it's put on. Stitch casing in place, close to the folded edge, making sure not to stitch the cording. The cording needs to be free to slide up and down for fit.
8. Done. Thank you!



Sarah Bloomfield